

**Skill:** Self-Esteem

**Activity:** Vanity License Plate (great ice breaker activity)

**Equipment:** 1 copy of blank license plate/student, pencils AND colored pencils or markers.

**Goal:** Students will identify characteristics that make them unique and develop a vanity license plate depicting those characteristics.

**Time Allotment:** 10 minutes and time to share in small groups or with class

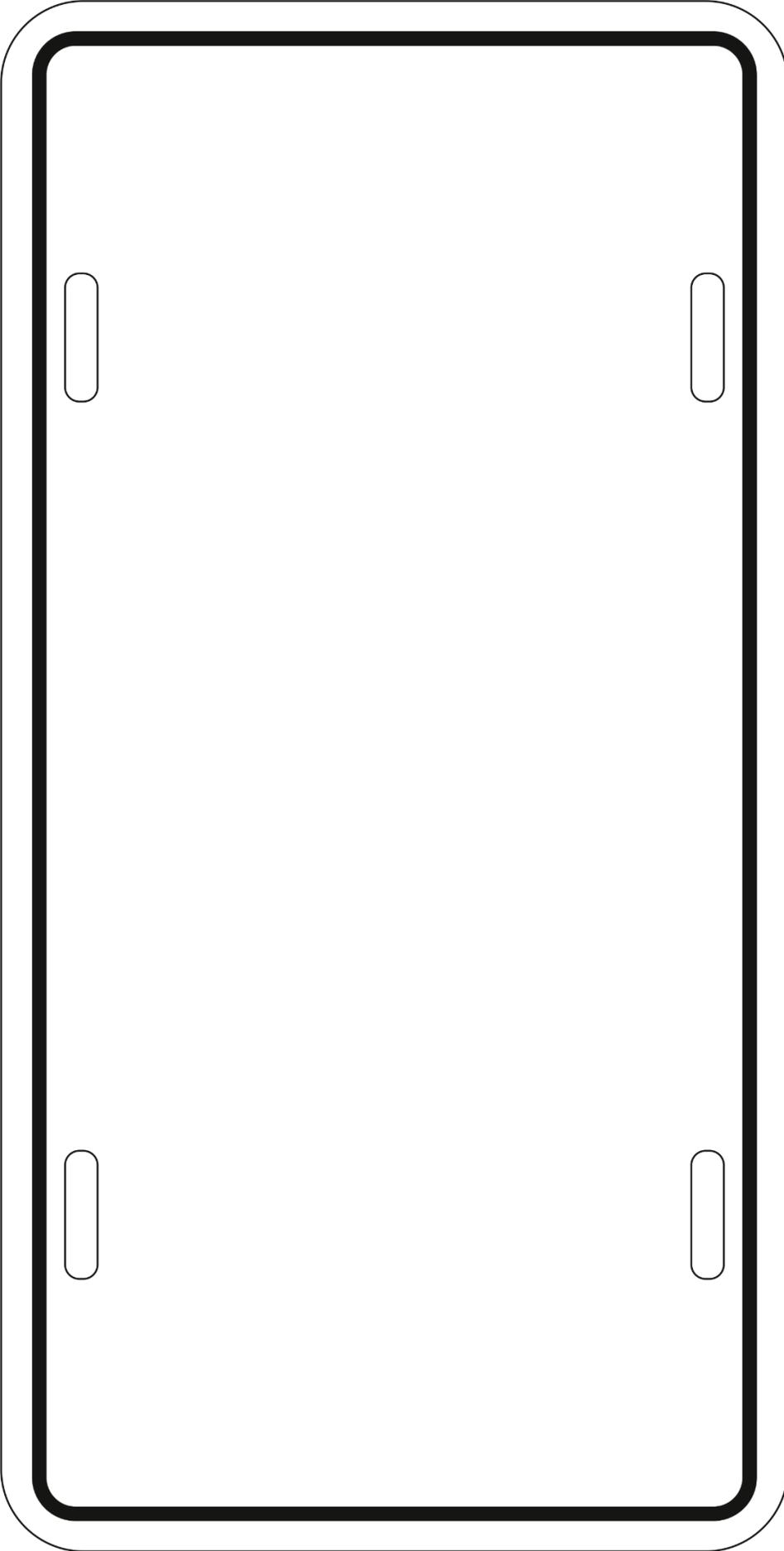
- Provide each student with a copy of the blank license plate paper and pencil
- Ask them to write down phrases, words or symbols of hobbies, interests, hopes, wishes, etc that best depicts themselves in the box on top of the paper.
- On the blank license plate have students design their own vanity license plate using those descriptors.
- Have students in small groups/class introduce themselves and tell the group about their design.

**Debrief:**

What seem to be the most popular activity/hobby/interest that many people enjoy?

How did students depict the same activity/hobby/interest but used different symbols or words to express it? Ex: country music—one person may use a musical note while another draws a guitar (This could initiate a discussion about how we may appear different may have commonalities).

MINDFUL MOMENTS



Use words, pictures, symbols to represent your interest, hobbies, dreams, etc.

A large, empty rectangular box with a thin black border, intended for drawing or writing.